



# AFSA *Heartbeat*



**HEART OF AMERICA CHAPTER 804**  
**P.O. Box 213 – Belton, Missouri 64012**

[afsachapter804@gmail.com](mailto:afsachapter804@gmail.com)

**July-September 2017**

## **CHAPTER PRESIDENT**

Hello members of AFSA Chapter 804, this is Harry, the Vice President, and one of the many former Chapter Presidents that are part of our Chapter Executive Council. I am filling in on this newsletter for President Kathy Oden who is in rehab for an unscheduled knee replacement.

There is much to pass on to you, so let's get going. In April, Chapter members Mark Clark, Charlie Dalzell, Curtis Gist, Pamela Trammel and myself presented AFSA JROTC awards at 12 different High Schools. In early May, our Chapter served as the Host Chapter for the Division 3 Conference in Independence, MO. Many thanks to Charlie Dalzell who served as the Conference Manager once again. This was indeed one of the finest Division 3 Conferences in memory, and it is because of his attention to all details. Thank you, Charlie! Many thanks also to the Hilton Garden Inn folks for an outstanding setup, great food and excellent service throughout the Conference. Independence Mayor, Eileen Weir, gave the welcome to the city and read a proclamation designating May 4-6, 2017, as Division 3 Air Force Sergeants Association days. There were 63 attendees from 11 Chapters and 8 States at the Conference. Guest speakers included AFSA International President Jeff Ledoux, Division 3 President Steve Zalesky, Command CMSgt Matthew Caruso of the U.S. Transportation Command at Scott AFB, IL, Command CMSgt Melvina Smith of the 509<sup>th</sup> Bomb Wing at

Whiteman AFB, MO, and CMSgt (Ret) Scott Delveau from the Air Force Enlisted Village in Shalimar, FL.

Congratulations to the Division Award winners:

<b>Family Member of the Year</b>	Barbara Veach
<b>Legislative</b>	Curtis Gist
<b>VA Volunteer Service</b>	Shirley Anderson

The award packages for these three individuals will now be forwarded on for consideration for International Awards. Our Chapter, as the host, made \$1,223 from the raffle baskets, silent auction items and the 50/50 raffle. Many thanks to all who helped with that effort – Barbara, Charlie, Dale, Della, Erika, Helen, Kathy, Linda, Mark and Patti. A special thanks to Cliff & Cathy Parsley who donated one of Gloria Pinksaw's paintings to be auctioned off at the Conference. Final thoughts on the Conference that made lasting impressions – the great enthusiasm and support from all the delegates, especially with the young active duty members, who were all terrific – a very professional presentation from Scott Delveau on the Bob Hope Village (Air Force Enlisted Village) – and a very from-the-heart detailed talk from AFSA President Jeff Ledoux, who presented some simple back-to-basics initiatives within the Headquarters and Association that will return AFSA to solid financial standing and the strong recognized organization for which we are known. He needs all our support and patience.

Upcoming events –

AFSA International Convention will be held this year in Reno, NV, on July 22-26. For anyone interested in attending, please refer to the AFSA web site, [www.hqafsa.org](http://www.hqafsa.org), or your latest AFSA Magazine. Also, a copy of the registration form is included in this newsletter.

Our Chapter's annual POW/MIA Recognition & Remembrance Ceremony will be on September 16<sup>th</sup> (refer to the flyer in this newsletter).

On behalf of Chapter President Kathy Oden and our Executive Council, thank you for your continued support to our Chapter and the Air Force Sergeants Association.

Have a great summer!

**Harry McLane, CMSgt, USAF, Retired**

***Vice President***

***Home: 816-524-6886***

***E-mail: [macharry@hughes.net](mailto:macharry@hughes.net)***

## **LEGISLATIVE**

At the time of this writing, the only meaningful pieces of legislation currently being debated in Congress are the American Healthcare Act of 2017 and the President's FY 2018 federal budget proposal. I have received many questions about the American Healthcare Act specific to what it means for our families and those on TRICARE. I can assure you that there is no reason for concern, whatsoever, because the language in the bill makes it clear that the provisions of the bill have no impact on current federally provided healthcare systems such as Military Treatment Facilities, Medicare, TRICARE and VA Healthcare. So until the bill clears the Senate and enters committee to work out the differences in the two bills, there is really nothing to worry about. We will continue to monitor the legislation as it works its way through the Senate and we will keep you all informed if any changes come to light that would concern our members.

The President's budget marks a rapid departure from the past six years where the Department of Defense was asked to shoulder 50% of budget cuts under sequestration since 2011. Sequestration forced the services to cut personnel, cut back on training and forgo required maintenance and recapitalization of combat systems after 16 straight years of constant deployment. The President's budget proposal calls for the complete repeal of sequestration and the restoration of \$52 billion to the Department of Defense. If Congress approves this measure, it would mean the personnel cuts that have made it so hard on our current active duty members would stop. That, in itself, is something worth fighting for!

This budget doesn't give us everything we want, but it is a much better foundation to build upon than last year's budget proposal. It is important to remember that the President's budget proposal is just that, a proposal, and now the real work begins in Congress to work out the details. We will demand that our active duty Airmen get the full pay raise according to the law and will fight any efforts to increase out-of-pocket costs for healthcare for our Airmen, both past and present. We will keep an eye on that process and let you all know if we need you to jump in and make your voices heard. It looks like we have turned the page on the never-ending cuts to the DoD budget, so let's hope that Congress does its job and puts America First!

If you would like more information on what is in the President's budget, you can read it here at [https://www.whitehouse.gov/sites/whitehouse.gov/files/omb/budget/fy2018/2018\\_blueprint.pdf](https://www.whitehouse.gov/sites/whitehouse.gov/files/omb/budget/fy2018/2018_blueprint.pdf). Please continue to monitor the legislative campaigns AFSA HQ has up for us to engage with at <https://www.votervoice.net/AFSA/home>. Your voice matters, so never hesitate to engage your elected officials on the issues important to AFSA and to you and your family. Thank you for all you do and for your continued service to AFSA and our great nation.

**Mark R. Clark, CMSgt, USAF, Retired**

***Senior Advisor***

***Legislative Trustee, AFSA Division 3***

***Home: 816-503-8520***

***E-mail: [mandclark@comcast.net](mailto:mandclark@comcast.net)***

# 2017 AFSA INTERNATIONAL CONVENTION PROFESSIONAL AIRMEN'S CONFERENCE

July 22 - 26 | Peppermill Resort & Spa | Reno Nevada

## AFSA MEMBER REGISTRATION FORM

Register online: [www.hqafsa.org](http://www.hqafsa.org) – Use this form if you do not have online access!



**AFSA MEMBERS USE YOUR MEMBERSHIP NUMBER TO REGISTER ONLINE: [www.hqafsa.org](http://www.hqafsa.org)**

If you do not have access to a computer, please complete this form and send with payment to:

AFSA - Conference | 5211 Auth Road, Suitland, MD 20746 | 800-638-0594 | Fax: 301-899-8136 | [mfsvc@hqafsa.org](mailto:mfsvc@hqafsa.org)

**IMPORTANT: MAJCOM, First Sergeants, CMSAF or CMSAF Spouses conference attendees and their guests should NOT use this registration form. These attendees MUST register on-line at [www.hqafsa.org](http://www.hqafsa.org), or call 800-638-0594.**

### INDIVIDUAL CONVENTION REGISTRATION FORM

Name \_\_\_\_\_

Member ID \_\_\_\_\_

Rank (if applicable) \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Home phone \_\_\_\_\_

Work/Duty/Cell phone \_\_\_\_\_

Division & Chapter # \_\_\_\_\_

I am (check all that apply)

- |   |                                      |
|---|--------------------------------------|
| <input type="checkbox"/> AFSA Member    | <input type="checkbox"/> Non-Member  |
| <input type="checkbox"/> AF Active Duty | <input type="checkbox"/> Guard       |
| <input type="checkbox"/> Reserve        | <input type="checkbox"/> Retired     |
| <input type="checkbox"/> Veteran        | <input type="checkbox"/> Other _____ |

A Guest/Spouse will accompany me (go online, or use separate form to register)  
Name \_\_\_\_\_

I am a Spouse/Guest of:  
Name \_\_\_\_\_

**Option 1: Complete Early Registration . . . . . \$300**  
*Register between March 15 - April 30, 2017*

**Option 2: Complete Regular Registration . . . . . \$325**  
*Register from May 1 - June 30, 2017*

**Option 3: Complete Late Registration . . . . . \$350**  
*Register July 1 - July 22*

**Complete Registration provides you with access to:**

- Information Expo Grand Opening and Theme Party;
- AFSA International President's Breakfast;
- AFSA President's Reception and Dinner;
- Air Force Honors Banquet and CMSAF Awards;
- Beverages (e.g. coffee, tea, etc. during morning hours) at meetings;
- Information Expo activities throughout conference;
- Speakers, entertainers, and related conference/convention activities.

**Option 2: Separate Admissions**

*Do not use this section if paying for Complete Registration. This option is for guests who wish to attend selected special events only.*

EVENT	PRICE
<input type="checkbox"/> Info Expo Grand Opening, Theme Party and Concert	\$ 60
<input type="checkbox"/> AFSA President's Breakfast and Recognition Ceremony	\$ 65
<input type="checkbox"/> President's Reception & Dinner	\$110
<input type="checkbox"/> Air Force Honor's Banquet	\$115

**TOTAL AMOUNT DUE:** \$ \_\_\_\_\_

**PAYMENT INFORMATION**

Check one:  Check       Money Order       Visa  
 MasterCard       AMEX       Discover

Credit Card # \_\_\_\_\_

Exp Date \_\_\_\_\_ Security Code \_\_\_\_\_

Name of Cardholder \_\_\_\_\_

Address for Card \_\_\_\_\_

\_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

TO BE  Verified \_\_\_\_\_  
COMPLETED  A&F Processed \_\_\_\_\_  
BY \_\_\_\_\_  
AFSAHQ  AFSA President's Brunch  
STAFF  President's Reception & Dinner  
ONLY  Air Force Honor's Banquet



**SAVE TIME AND MONEY - REGISTER EARLY - REGISTER ONLINE NOW - [WWW.HQAFSA.ORG](http://WWW.HQAFSA.ORG)**

## MEMBERSHIP

As of June 25<sup>th</sup>, we had 924 active members, which is a decrease of 18 members since the last newsletter. Eight of our members have passed away, nine members have not renewed and one moved to another Chapter.

Also, our roster showed a total of 22 inactive members covering the months of December 2016 thru May 2017. Since the last newsletter, renewal requests were sent out for those memberships expiring October and November.

Thank you notes were sent out to 21 members who renewed thru our Chapter. I still have quite a few to do, so if you renewed thru a Chapter member, you will be receiving a thank-you card with a token of our appreciation. For our Chapter to receive credit for the retention, PLEASE be sure to renew via the form you receive from me versus the form you receive from Headquarters.

Also, from January thru June 25<sup>th</sup>, our Chapter recruited 11 members and we received credit for 58 retentions.

If you have any questions, please feel free to contact me at my home number or e-mail listed below.

[Patti Dalzell](mailto:816-331-7594), 816-331-7594

*Chairperson*

*E-mail: [afsachapter804@gmail.com](mailto:afsachapter804@gmail.com)*

## LUNCHEONS

Our monthly luncheons are at the **Golden Corral** in Raymore, MO, on the fourth Thursday each month at 11:30 AM (unless otherwise announced).

Our luncheon dates for July thru September are as follows:

- ❖ July 27
- ❖ August 24
- ❖ September 28



[Gaynelle Barnett](tel:816-779-6732), 816-779-6732

*Chairperson*



## CARD DAYS



Card Days for July thru September are as follows:

**July 6<sup>th</sup> & 13<sup>th</sup>**  
**August 3<sup>rd</sup> & 10<sup>th</sup>**  
**September 7<sup>th</sup> & 14<sup>th</sup>**

Pinochle: 10:00 AM at Aaron's Family Fun Ctr  
17070 Aaron Lane, Belton, MO

Bridge: 10:00 AM at RC's Restaurant  
330 East 135<sup>th</sup> St., Martin City, MO

If you are interested in being a regular or sub for Pinochle or Bridge, please give us a call.

[Addy Davidson](tel:816-763-4903), 816-763-4903 (*Pinochle*)

[Sharon Davies](tel:816-331-5581), 816-331-5581 (*Bridge*)

## CARD PARTY/LUNCHEON

Monday, October 30, 2017

10:00 AM – 3:00 PM

Belton Christian Church, 409 Airway Lane

Salad Luncheon

\$10 per person

**Bring your friends & cards.**

[Helen Hatz](tel:816-806-5358), 816-806-5358

## COUPON CONNECTION

I mailed out 40 pounds of coupons to Japan and Korea. This brings our total up to 90 pounds for the year. What a wonderful feeling to know that we have been able to assist our military members and their families with cost-saving coupons. Never think that the work you do to continue this important program is insignificant because without all of you, we could not continue. **You are appreciated!** Keep up the great work.

[Kathy Oden](mailto:kathy@heartbeat.org), 816-331-4058  
Chairperson  
6101 East 149<sup>th</sup> Street  
Grandview, MO 64030



## Buck-a-Month (BAM) Club

Members of the BAM Club donate \$12 yearly to help us offset the printing & mailing cost of the *Heartbeat* newsletter.

You can also help save the Chapter money by signing up to receive your *Heartbeat* via email by emailing us at [afsachapter804@gmail.com](mailto:afsachapter804@gmail.com) or calling Charlie Dalzell at 816-331-7594.

Thanks to our recent contributors –

**C. Black**  
**J. Francis**  
**R. Riese**  
**A. Rizzi**  
**B. Veach**

## SPECIAL ACTIVITIES

Our trips to the **New Theatre Restaurant** on April 4<sup>th</sup> and June 20<sup>th</sup> were enjoyed by all. Our next visit will be Tuesday, **August 22<sup>nd</sup>**, to see “*The Million Dollar Quartet*”. If you are interested in going or know of someone who wants to attend, please let me know immediately. I have a lot of tickets for this performance and if I do not sell them all, I will let some go back.

Due to unforeseen circumstances, I had to postpone our June trip to the **Ameristar Casino**, but plan on rescheduling this later.

If anyone has an idea for an outing, please call me.

[Kathy Oden](mailto:kathy@heartbeat.org), 816-331-4058  
Chairperson

## ADOPT – A – HIGHWAY

During April, a team of seven members cleaned up our section of the highway. Our roadway is once again clean. I would like to let you know that when I called MoDOT to report our recent cleanup so they could pick up the trash, the young man wanted our crew to know how much they appreciate our assistance with this program and how much it helps them with their work. My many thanks to Tony Berter, Mark Clark, Charlie Knight, Harry McLane, Melissa Semke and Hershell Spurlock for coming out and helping. We will try to clean up again in October.

[Kathy Oden](mailto:kathy@heartbeat.org), 816-331-4058  
Chairperson



# CHAPTER HISTORY

## "Reflections"

This History article is about Richards-Gebaur AFB 50 years ago and what was going on in the summer of 1967. For those who remember, let me refresh your memory. For those who do not remember or were not yet born, just follow along. To set the tone of 1967, Lyndon Johnson was the President of the United States.

The war in Vietnam dominated the everyday news. In Kansas City sports, the Chiefs played in the first ever Super Bowl on January 15<sup>th</sup> and lost to the Green Bay Packers, 35-10. The Kansas City baseball team was the Athletics who had a very losing record that year and left for Oakland over the winter.

Richards-Gebaur was an Air Defense Command Base in 1967 with the 328<sup>th</sup> Fighter Wing serving as the host unit. **HQ CENTRAL NORAD REGION TENTH AIR FORCE** was located in Building 100, at the first intersection inside of the main gate, with Major General Thomas K. McGehee as the Commander. At the end of 1966, the last of the F-102 Delta Daggers of the 326<sup>th</sup> FIS had left the base and were replaced by the newer F-106 Delta Dart aircraft of the **71<sup>st</sup> Fighter Interceptor Squadron** commanded by Lieutenant Colonel Ellis Stanley. Also located on Richards-Gebaur was the **AFRES 442<sup>nd</sup> Military Airlift Wing** flying the C-124 Globemaster Aircraft and commanded by Brigadier General Ben Mangina. The Base Commander was Colonel Jim Wood.

During the spring and summer of 1967, we, in the F-106 business, completed a major modification to the aircraft that allowed the aircraft to be refueled in flight. The 71<sup>st</sup> became the first F-106 unit in the Air Force to become in-flight refueling qualified in the summer of 1967. It also became the first F-106 unit to complete training in Aerial Combat Tactics. In December 1967, the 71<sup>st</sup> FIS became the first F-106 unit to be fully qualified for worldwide duty and the first F-106 unit to deploy outside of the United States using in-flight refueling.

For those in the AFRES 442<sup>nd</sup> who remember 1967, you will recall that in June of that year, a 442<sup>nd</sup> C-124 made a "gear-up" landing two miles south of the Whiteman AFB runway. The six crew members escaped unharmed, but the aircraft was destroyed by fire.

I hope you enjoyed a look back to 50 years ago at Richards-Gebaur AFB, especially those who were stationed there at that time, and what a wonderful base it was to be a part of where so many memories were made. Take care and have a great summer!

*Harry McLane, CMSgt, USAF, Retired  
Vice President and Historian*

71<sup>st</sup> FTR  
INTCR  
SQ



A pair of Sixes, of the 71st FIS, Richards-Gebaur AFB, Missouri, in low level formation. (USAF)

A pair of Sixes  
of the 71<sup>st</sup> FIS,  
R-G AFB, MO,  
in low level  
formation.  
(USAF)





**POW/MIA  
CEREMONY  
OF  
REMEMBRANCE**

**HOSTED BY AIR FORCE SERGEANTS ASSOCIATION  
CHAPTER 804**

**SATURDAY, SEPTEMBER 16, 2017**

**11:00 AM**

**AT**

**BELTON MEMORIAL PARK  
(located at Y Highway & Commercial Street)**

**For Information Call:**

**Harry McLane – 816-524-6886  
Mark Clark – 816-536-2784  
Charlie Dalzell – 816-331-7594**

## **EDITOR'S COMMENTS**

Hope everyone is doing well these days. Summer is here and so is the humidity – yuck! Charlie and I spent a week with our best friends in Arizona and I so loved the weather. High heat, yes, but little humidity. You could actually walk outside and not get blasted!! I find that really zaps my energy! As much as I would love to move to Arizona for my health (had no asthma problems), my family is here and that's where I need to be – for now!

Onto the recipes – I found a couple of extremely easy recipes with less than five ingredients. Enjoy!

### **Italian Meatball and Biscuit Bake**

22-oz. package frozen cooked Italian meatballs  
16.3-oz. can Pillsbury Grands Refrigerated Buttermilk Bisquits  
14-oz. jar tomato pasta sauce  
1-1/2 cups shredded mozzarella cheese

Heat oven to 375°F. Spray a 13x9-inch (3-quart) glass baking dish with nonstick cooking spray. Place meatballs in large microwave-safe bowl. Microwave on MEDIUM for 3 to 5 minutes or until meatballs are thawed.

Separate dough into 8 biscuits. Cut each biscuit into 8 pieces; place in large bowl with meatballs. Add pasta sauce; toss to coat. Spoon and spread mixture in sprayed baking dish.

Bake at 375°F for 30 to 40 minutes or until edges are deep golden brown and biscuit pieces are no longer doughy. Sprinkle with cheese; bake an additional 2 to 5 minutes or until cheese is melted. Let stand 10 minutes before serving.

Serves 12.

### **Quick & Tasty Banana Pudding**

1 small banana  
3 tablespoons thawed nondairy whipped topping (Cool Whip)  
2 tablespoons prepared vanilla pudding (use any brand snack pack pudding and measure out 2 tablespoons)  
2 vanilla wafers

Cut half of 1 small banana into slices; keep other half in the peel and save for another use. Layer 1 (5-oz.) glass with 1 tablespoon. thawed nondairy whipped topping, one-fourth of banana slices, 1 tablespoon vanilla pudding, another fourth of banana slices, and 1 vanilla wafer. Repeat. Dollop with 1 tablespoon. thawed nondairy whipped topping.

Serves 1.

Enjoy life – live each day to the fullest! Take care and God Bless!

**[Patti Dalzell, 816-331-7594](tel:816-331-7594)**

***Heartbeat Editor***

***AFSA International Family Matters Trustee***

***E-mail: [afsachapter804@gmail.com](mailto:afsachapter804@gmail.com)***



# **CALENDAR OF EVENTS**

## **JULY**

- 4 Independence Day – Fly Your Flag!
- 6 Pinochle, 10:00 AM, Aaron’s Family Fun Center, Belton, MO
- 6 Bridge, 10:00 AM, RC’s Restaurant, Martin City, MO
- 11 AFSA General Membership Meeting, 7:00 PM, Belton Senior Center, 609 Minnie
- 13 Pinochle, 10:00 AM, Aaron’s Family Fun Center, Belton, MO
- 13 Bridge, 10:00 AM, RC’s Restaurant, Martin City, MO
- 17 Coupon-Cutting Session, 9:30 AM, Carnegie Village (The Loft)
- 22-26 AFSA International PAC, Reno, NV
- 27 Luncheon, 11:30 AM, Golden Corral, Raymore, MO

**VA Hospital Volunteer Service: 3-4-5-10-11-12-17-18-19-24-25-26**

## **AUGUST**

- 3 Pinochle, 10:00 AM, Aaron’s Family Fun Center, Belton, MO
- 3 Bridge, 10:00 AM, RC’s Restaurant, Martin City, MO
- 8 AFSA General Membership Meeting, 7:00 PM, Belton Senior Center, 609 Minnie
- 10 Pinochle, 10:00 AM, Aaron’s Family Fun Center, Belton, MO
- 10 Bridge, 10:00 AM, RC’s Restaurant, Martin City, MO
- 14 Coupon-Cutting Session, 9:30 AM, Carnegie Village (The Loft)
- 22 Trip to New Theatre Restaurant to see “*The Million Dollar Quartet*”
- 24 Luncheon, 11:30 AM, Golden Corral, Raymore, MO

**VA Hospital Volunteer Service: 1-2-7-8-9-14-15-16-21-22-23-28-29-30**

## **SEPTEMBER**

- 4 Labor Day – Fly Your Flag
- 7 Pinochle, 10:00 AM, Aaron’s Family Fun Center, Belton, MO
- 7 Bridge, 10:00 AM, RC’s Restaurant, Martin City, MO
- 12 AFSA General Membership Meeting, 7:00 PM – **NEWSLETTER ARTICLES DUE**
- 14 Pinochle, 10:00 AM, Aaron’s Family Fun Center, Belton, MO
- 14 Bridge, 10:00 AM, RC’s Restaurant, Martin City, MO
- 16 POW/MIA Ceremony of Remembrance, 11:00 AM, Belton Memorial Park (refer to flyer)
- 18 Coupon-Cutting Session, 9:30 AM, Carnegie Village (The Loft)
- 28 Luncheon, 11:30 AM, Golden Corral, Raymore, MO

**VA Hospital Volunteer Service: 4-5-6-11-12-13-18-19-20-25-26-27**

**Bingo every Wednesday every month, 5:00 PM, Belton Senior Center, 609 Minnie**

**PUBLISHED BY:  
AIR FORCE SERGEANTS ASSOCIATION**

**July-September 2017**

**CHAPTER 804  
P.O. BOX 213  
BELTON, MISSOURI 64012**

*Return Service Requested*

PLEASE **RUSH** DATED MATERIAL

Non-Profit Org.  
U.S. Postage  
**PAID**  
Belton, MO  
Permit No. 16

**This is Your**



**Your Exclusive AFSA Member Benefits**

**AFSA Scholarships & Grant Opportunities**  
**Columbia Southern University (CSU)**  
**Bellevue University**  
**Trident University**  
**Waldorf College**  
**Discount Prescription Card**  
**Air Force Times -- AFSA Subscription Discount**  
**INSURANCE: Life & Health Insurance (Mercer Consumer)**  
**INSURANCE: Home & Auto Insurance from USAA**  
**Free SAT & ACT College Prep Programs**  
**AFSA On-line Shopping Mall**  
**AFSA Wireless Center**  
**APPLE Systems**  
**Flowers from FTD**  
**Dell Computers**  
**AFJROTC Employment Opportunities**  
**Great Wolf Lodge Discount**  
**AFSA Partners with LegalShield**  
**Rental Car Discounts (Alamo, Enterprise)**

To find out more about these Member Services go to <https://www.hqafsa.org>